

Bernardine Nitz, RN

Bernardine Nitz, RN has worked in a variety of roles over the years in health care. She received her nursing degree from U.W. Oshkosh. Her career has included long term care, hospital supervision but Hospice and Acute Care Oncology Nursing which was her primary passion. She also worked for Neenah Paper for 2 years as an Occupational Health Nurse.



Since 1994, Bernardine has been part of the Affinity Health System Learning Center Team, first working with clinical education and then in organizational development. She is responsible for the following programs: General Orientation, Service Excellence Recognition, annual Regulatory/OSHA online course and variety of Service Excellence and Leadership programs.

She is a faculty member of the Institute of Health Communication (former Bayer Institute). In Jan. 2008 she became certified as a Clinician Coach for Clinician Patient Communication. She has been involved in coaching various teams to assist them in moving their

Service Excellence performance to a higher level.

Mark Geiger



Mark Geiger is a wellness account specialist with Affinity Health System. He works with 15 Northeast Wisconsin companies. He specializes in health risk assessment coordination, wellness programming, and working with wellness committees.

Mark earned his undergraduate degree in Exercise Physiology from the University of Wisconsin - Oshkosh and has 12 years of health and wellness experience. Mark is passionate about wellness and he prides himself in leading a healthy lifestyle.

Christine Pongratz



Christine Pongratz has been a Wellness Account Specialist with Affinity Health System for the past four years and actively involved in the wellness field for the last six years, and the medical field for the last 11 years.

Christine holds a Bachelors Degree in Exercise Science and Health Promotion from the University of Wisconsin-Oshkosh.

Christine currently works with employers throughout Northeast Wisconsin to help them develop and implement effective worksite wellness initiatives. She is responsible for conducting health screenings, creating annual wellness programs and plans that meet a company's cultural needs, and serves as a consultant to many area businesses.

She is currently certified through the American College of Sports Medicine as a Health and Fitness Specialist.